

Native American Heritage Month

UNO hosts a month-long celebration for the "First Americans."

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Socce

Mavs fall in first round of NCAA Tournament.

SPORTS [PAGE 7]

UESDAY | NOVEMBER 17, 2009



Health Fair encourages physical and psychological health

Tom McCauley and Tim Kucera
Contributors

More than 1,000 students, faculty and staff attended the UNO Health Fair Nov. 12 in the Milo Bail Student Center's Nebraska Room.

The fair featured chair massages, giveaways, door prizes and displays from more than 50 health-oriented vendors. The fair also offered a \$26 blood draw that encompassed 40 health tests, including cholesterol, blood sugar, thyroid, kidney and liver tests.

Eye doctors gave free optical exams, anti-smoking campaigns distributed media, Planned Parenthood passed out condoms, Crane Coffee served and explained the health benefits of green tea and the UNO Counseling Center demonstrated drunken driving impairment.

Marcia Adler, director of Student Health Services, said her big goal for the event was to expose fairgoers to aspects of health they hadn't considered before, including environmental, physical and psychological health.

Adler said she wanted to focus on everything from bike trails in Omaha to diabetes screening to biofeedback. Concerns about health create positive life-long health practices.

"We love to get students thinking about their health early on," said David Daniels, assistant director of fitness and wellness for Mav-Rec Campus Recreation.

Daniels stressed the importance of exercise and hand washing to avoid colds and flu. He also said students who think about their health are less likely to engage in "high-risk" behaviors such as binge drinking, unhealthful eating and unprotected sex.

The Douglas County Health Department's goal at the fair was to educate students on the dangers of sexually transmitted diseases.

"IfI can just get one student to think about their sex lives, we can make a difference," said Sherri R. Nared, an HIV prevention specialist with the health department. "We are 12th in the nation out of 19,000 cities for STDs, and for me this is a perfect age group of people who may be exposed to STDs who may need some additional information."

One of the more popular displays was a biofeedback machine. Biofeedback is a non-invasive, non-medical process that uses sensors to measure a person's bodily functions, such as heart rate, blood pressure, skin temperature and muscle tension, and then conveys that information in real-time.

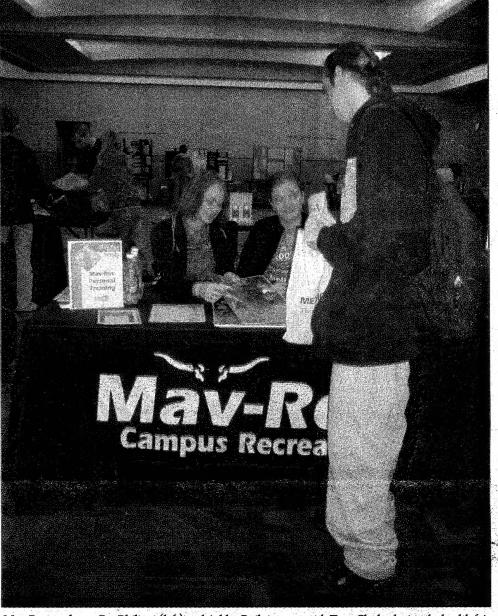
The biofeedback machine features a screen showing a ship traveling through an environment of changing colors. By modifying their breathing, users could control the ship and its environment.

Biofeedback users can learn to relax and handle stressful situations better, said Elaine Blickenstaff, a mental health therapist and biofeedback specialist.

If a student is unable to cope with stress, he or she could visit the UNO Counseling Center in the Eppley Administration Building. The Counseling Center offers eight to 10 free counseling sessions for students, staff and faculty members. Counselor Nicole Naatz said not everyone is aware of that

"Pay attention to what's going on with

See **Health fair:** Page 2



Mav-Rec employees Pat Philippi (left) and Ashley Bails interact with Tony Clarke during the health fair on Nov. 12. (Christa Hillmer/The Gateway)

Students get funny version of the sex talk with stand-up comedian

HOLLY FREDRICKSON

Staff Writer

Maria Falzone brought her funny and frank "Sex Rules!" presentation to a crowd of about 50 UNO

Maria Falzone tastes a condom during her Sex Rules demonstration, a safe-sex education program, in the student center Nov. 13. (JODI PENN/THE GATEWAY)

students in the Milo Bail Student Center on Nov. 13. The presentation stressed the importance of practicing safer sex, but did so with the benefit of Falzone's training as a stand-up comedian and self-proclaimed "sexpert."

"I'm not a sex therapist, I don't to you have a degree," she said. "I didn't horrific know you could get a degree, because I lucky." would have changed my major. Could you imagine getting credit for sex in tradition college?"

During the hour-long presentation, Falzone emphasized the importance of communication and knowledge in making sex better and safer. She said that children should be given basic information about sex at a young age to help protect themselves and to lay a foundation for more open conversations.

"Sexual predators don't wait for children to be 12 or 13," she said. "Sexual predators feast on shame and ignorance."

Falzone also shared her own experiences with mixing alcohol and sex as a warning to students.

"That was how I had sex for the next seven years," Falzone said. "I was always drunk and the sex always sucked. And I never talked to anyone about it." Falzone likened inebriated sex to roulette and strongly encouraged students to always go to parties

did so with the benefit of Falzone's with at least one sober buddy.

"The only reason I was never raped was because I was lucky," she said. "If something has never happened to you, it's because you're lucky. And if something have a degree," she said. "I didn't horrific has happened to you, it's because you weren't have you say long to degree heaving I lucky."

Falzone also touched on issues found in non-traditional partnerships.

"The rules are also the same if you're gay, straight, bisexual, transgendered," she said. "The rules are not different. The only difference is shame. Heterosexuals are taught, and get the message, that sex is wrong. Pre-marital sex is wrong. Once you're married, all is forgiven. But if you're bisexual or gay or transgendered, that's not the message. The message is personal, the message is you're wrong. You're sick. You're evil... and that's a lot of shame to work through."

Falzone has headlined top comedy clubs throughout Europe and the U.S. and has appeared on NBC's "Friday Night," A&E's "An Evening at Improv" and Showtime's "Full Frontal Comedy." She has also written for Comedy Central. Her "Sex Rules!" presentation is featured every year at Indiana State's freshman orientation program and is attended by an average of 20,000 students.

"I thought it was very informational and that it was good that she included humor to break the ice," said Kristen Doty, a UNO student who attended Falzone's presentation. "She definitely covered all the bases and included information for everyone."

UNIVERSITY OF NEBRASKA **АТ ОМАНА**

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Fax 554-2735 Maverick PR wins 'Outstanding Chapter'



Maverick PR students stand in front of San Diego Bay on Nov. 9. (Photo courtesy Andrea Ciurei)

Breanna Hayden

NOELLE LYNN BLOOD

UNO's Public Relations Student Society of America chapter was named "Outstanding Chapter" out of 284 PRSSA chapters across the nation at the 2009 National Conference in San Diego on Nov. 9.

Maverick PR raised more than \$10,000 through various chapter fundraisers and earning stipends through Maverick Solutions, the student-run PR firm sponsored by the School of Communication, to send students to the annual

The conference, held Nov. 6–10, recognized PRSSA chapters for their achievement in leadership, community and university service, professional development and internships.

Maverick PR has been recognized for its outstanding community and university service. This, however, is the first time the chapter has earned "Outstanding Chapter," the highest award given to any chapter.

"We were stunned to find out we had won outstanding chapter," said Cassie Prestia, Maverick PR president. "It is such an honor and means so much to win a prestigious award."

National Plank Center Ethics Advocacy Awards for its roundtable discussion "Ethics & Bad Behavior: It's All About Choices." The discussion featured 14 corporate and nonprofit Omaha professionals. Seniors Stephanie Bonnett, Andrea Ciurej and Shannon Stawniak partnered with the Greater Omaha Alliance for Business Ethics to coordinate the event. The first-place win earned \$1,000 for the chapter and \$250 for its faculty adviser Karen Weber.

UNO placed third in the National Organ Donor Awareness Competition for the event "Be a Team Player: Become an MV Donor." Seniors Alicia Kettleson and Jessica Legg held the event last spring. About 35 students registered to be donors and more than 300 students received organ donor information.

Senior Juan Carrillo also earned an honorable mention for the PRSSA National

"All of our hard work has paid off," Prestia said.

Maverick PR won first place in the 2009

Multicultural Affairs Scholarship.

CAMPUS SECURITY

offers holiday safety tips

Campus Campus Security would like to remind the campus community of some common-sense safety tips to practice during the holiday season.

- When a person leaves his or her room or office, lock it up, even if it's only for a few minutes.
- Avoid leaving valuables or packages in plain view in a vehicle. Place them in the trunk or between the seats. When possible, do so before parking.
- During the holiday break, take valuables home from campus, offices, and residence balls.
- Anyone who is going to be working on-campus late in the evening or when few people are around should consider advising Campus Security so that an officer can pay special attention to the area.
- Anyone entering a locked residence hall or campus building should make sure the door closes completely. Strangers should not follow anyone into a secure building.
- Students who live on-campus and are leaving town for the holidays should make sure they have someone keeping an eye on their residence and leave emergency contact information.

For more information, call Campus Security at 554-2648

FROM **HEALTH CARE**: PAGE 1

your stress levels," Naatz said.

She said one of the best bits of advice for fighting stress is not to put the needs of others first.

Mark Frillman, a university alcohol and drug educator, hosted the UNO alcohol and drug education booth. A variety of tasks were set up for students to attempt while under the effects of alcohol impairment. Participants wore "drunk goggles" and tried to walk straight lines and shoot basketballs through a hoop.

"We are one aspect at the health fair," Frillman said. "The more people that take CAP, which is the college alcohol profile, the better, because it is a brief intervention strategy."

UNO students can do a confidential self-comparison at uno.collegealcoholprofile.com.

Senior psychology major Michael Sustaita said he enjoyed the health fair because he learned about AfterOurs Urgent Care, an emergency medical facility open nights, weekends and holidays. It is located at 14450 Eagle Run Drive. Sustaita said he does not have health insurance and appreciated the information about how to access healthcare.

"I think as college students we don't really understand health issues because we're healthy," Sustaita said.

Senior international studies major Kiley Clemens said she went to the health fair because she believes it's important to avoid the "intrinsic invincibility complex" of many college students.

"It is always best to catch problems early and develop a good lifestyle now," Clemens said. "Why adjust later to fix health problems when you can avoid them from the start?"

Being active is the key to staying healthy, said UNO senior Amy Wieczorek, a community health education major representing Activate Omaha.

Activate Omaha is a community-wide initiative working to motivate Omahans to be more active in their daily lives, whether by walking or biking for transportation, playing outside, taking the stairs or using recreation facilities.

Though the health fair has ended, Adler said she'll definitely continue the event in 2010 and beyond.

"We already have vendors that have offered to do new things and have better displays for next year," she said. "We're always looking for that new idea that we haven't thought about."

FOR THE RECORD

In the article "UNO faces possible budget cuts" from the Nov. 11 issue, the Gateway failed to mention that Sen. Kyle Schulze was appointed as Nebraskans with disAbilities Liaison. Schulze also cowrote the Freedom Week Resolution with Sen. Marshal McGovern. The Gateway regrets these omissions.

In the Nov. 13 issue, the story "UNO Theatre puts original twist on classic play" said "The Miracle Worker" would wrap up the season. There are going to be two more shows this coming spring. The Gateway apologizes for this error.



Fort Hood's military victims blocked from getting damages

WALTER F. ROCHE JR. THE PITTSBURGH TRIBUNE-REVIEW

(MCT) Legal experts say families of active-duty military members who were killed during the recent Fort Hood shootings or the military members themselves who were wounded probably will be unable to win court judgments for damages even if they can prove the Army was negligent in not acting to remove the alleged shooter, Maj. Nidal Malik Hasan.

Andrew Adair, a Washington attorney, and others say a 1950 Supreme Court ruling would stand in the way of such damage claims.

The restriction would not apply to the lone civilian, Mike Cahill, 62, who was killed in last week's attack. Nor would it apply to injured civilians, including police officer Kimberly Munley, who was involved in a shootout with Hasan.

In the 1950 ruling, known as the Feres Doctrine, the high court said active-duty members of the military cannot sue for damages if the death or injury is "incident to military service."

"Even if the higher-ups in the military have knowledge that someone is a loose cannon and take no action, there is no recourse. That's where the law is," Adair

Hasan was formally charged Thursday with 13 counts of premeditated murder in the attack, which left 29 people wounded. Congressional investigators have begun to question whether Army officials failed to respond to indications that Hasan might be a danger to others. President Obama on Saturday urged Congress to hold off on an investigation of the Fort Hood rampage until federal law enforcement and military authorities have completed their probes into the shootings.

Obama made his comments during an eight-day Asia trip and pleaded for lawmakers to "resist the temptation to turn this tragic event into the political theater." He said those who died on the nation's largest Army post deserve justice, not political stagecraft.

"The stakes are far too high," Obama said in a video and Internet address released by the White House while the president was flying from Tokyo to Singapore, where Pacific Rim countries were meeting.

Obama has ordered a review of how officials handled warning signs that might have pointed to the killing spree. Among the warning signs were e-mail contacts with radical Muslim cleric Anwar al-Awlaki, who was linked in the 9/11 Commission's report to at least two of the 2001 hijackers.

Dean Swartz, another Washington attorney and former military lawyer, who has experience on both sides of military torts cases, said that even with evidence that Hasan's superiors were aware of a potential for violence, survivors of the shooting would face a virtually insurmountable hurdle in overcoming the Feres Doctrine.

Swartz said that as a government attorney, he was obligated to oppose such claims, and "it made me sick to do it."



A soldier salutes during a memorial service for the victims of the Fort Hood shootings in Killeen, Texas, Nov. 10, 2009. (Courtney Perry/Dallas MORNING NEWS/MCT)

Justice Department lawyers are defending the Feres Doctrine in several pending lawsuits, arguing that the doctrine is necessary to maintain military discipline and that active-duty members of the military are entitled to death benefits.

Pentagon spokesman Wayne V. Hall confirmed those killed at Fort Hood will be entitled to the benefits provided to all members of the military, including a \$100,000 death benefit. Exact individual amounts, including life insurance benefits, will depend on determinations yet to be made by the military and what level of benefits were chosen by the killed or wounded soldiers, Hall said.

With respect to the Fort Hood shootings, Hall said he could not comment since there has been no attempt at litigation.

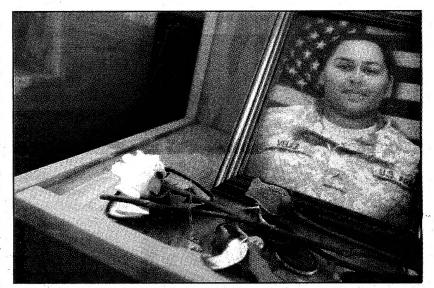
Barbara Cragnotti, spokeswoman for an advocacy group that has been seeking

to have the Feres Doctrine overturned by Congress, said it appeared to her that the ban on legal claims would apply to all of those shot who were on active duty.

"I believe that Feres will bar all suits on the Fort Hood shooting," she said, referring to active duty members of the

Cragnotti's group, called Veterans Equal Rights

Advocacy, has been backing a bill recently approved by the House Judiciary

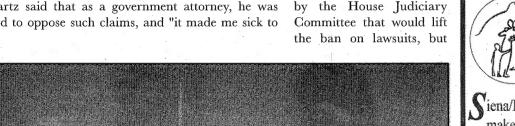


A photo of Army Pvt. Francheska Velez, 21, of Chicago, is displayed during a memorial service was held for the victims of the Fort Hood shootings in Killeen, Texas, Nov. 10, 2009. (Courtney Perry/Dallas Morning News/MCT)

only in cases involving medical malpractice, such as botched surgery in a military hospital.

That bill, which is awaiting House floor action, would not apply to the Fort Hood incident because it involves only medical malpractice cases.

Cragnotti's group contends the limits imposed by the Feres ruling are unfair and deprive members of the military rights that are provided to all other citizens.





Soldiers and civilians await the start of the memorial service for victims of the shooting at Fort Hood, Texas, Nov. 10, 2009. (Courtney Perry/Dallas Morning News/MCT)

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"RENT!" is hot ticket for Shelterbelt Theater

EMILY JOHNSON
ASSISTANT SECTION EDITOR

Omaha will be living "La Vie Boheme" as SNAP! Productions brings the Broadway smash hit "RENT!" to Omaha for the first time in an off-Broadway production at the Shelterbelt Theater.

Based off Giacomo Puccini's opera "La Bohéme," the Tony Award and Pulitzer prize-winning musical, features a group of young, self-proclaimed Bohemian artists and musicians that struggle to make a living in the face of poverty, illness and social revolution in New York City's Lower East Side.

Director Todd Brooks said he has high hopes for the show, which opens Nov. 19 and runs Thursdays through Sundays until Dec.

"There were over 70 people who tried out and I'm working with some of the best people we have in Omaha," Brooks said. "The reason that we are putting on 'RENT!' is that I'm with a theater called SNAP! Productions, whose mission is to promote art and entertainment [and] to celebrate tolerance and diversity, and of course 'RENT!' kind of hits that mission right on the nose as far as embracing a community despite our

differences."

Though the Shelterbelt Theater is a smaller venue than the Broadway show is accustomed to, Brooks said he feels that the more intimate setting opens the door for new opportunities.

"RENT!" is more of a performance piece, which means that you don't have to have huge sets and you don't have to have huge things coming in and out and fly spaces and enormous set changes and things like that," Brooks said. "Ours is a real modular set where we have three different tables and chairs and that's basically all that's out on the stage besides a few other pieces We kind of manipulate the environment to simulate certain areas of New York City."

UNO Graduate student Tim Vallier and senior Mallory Vallier have roles in the show. The couple is actively involved in Omaha theater and has been fans of "RENT!" for years.

"RENT!' is an amazing show that I've been following for some time," said Tim, who's getting his master's degree in vocal performance and music composition. "I think one of my favorite moments was the very first rehearsal. We all got up and the first thing we did in the first rehearsal was we learned

the song 'Seasons of Love,' which is a very iconic song for the show and I just remember thinking, 'This is unreal.' One of my favorite shows that I've always sort of idolized and never thought I'd get to be a part of was happening."

As a music composer, Tim said he can definitely relate to his character, Mark Cohen, as a creator striving "to do something new, to reinvent himself and find his own style."

"Mark is also sort of geeky, and a little trendy and he's also kind of a loner. I can identify with all of those on some level," Tim said. "I think the most fun part about playing Mark is how alive Mark gets to be on stage. He actually gets really fun interactions, such as, there's a number where Mark gets to tango, there's another one where Mark kind of goes crazy and gets to dance on this huge table, and I think that's really opened me up as an actor, those are two challenging things for me and it's been a lot of fun."

Mallory said her draw to the show was its overall message of hope and endurance.

"You hear about people, different characters having AIDS and you'd think that it's a really sad story but the message of the overall musical is really uplifting," Mallory said. "The main line of the show is 'No day but today' and just really living for today, no matter what obstacles you might have to overcome."

As the youngest member of the cast, Mallory loves working with a diverse and experienced cast. In the company, Mallory said she is everything from a character's mother to an AIDS sufferer to a "yuppie."

"It's just kind of putting yourself in that area, and I've never lived in New York City, I don't know anyone who suffers from AIDS, so you just kind of have to find something, a similar experience that you've had to make you feel those feelings and draw those emotions out," Mallory said. "It's funny, there's some numbers where the song actually represents people having sex, so you can't be shy, and so you just have to come out of your shell."

Both Tim and Mallory said the show has the advantage of a devoted cast familiar with the show before auditions even began, saving time in memorizing but adding unique challenges.

Tim said a critical part in the show for him has been unlearning everything he's taken in about the musical before and focusing on making the raw character of Mark his own. Mallory emphasized that as everyone tries to do the same, despite close bonds awkward moments arise.

"I think the hardest thing is that everyone who is in the show really knows the show very intimately and they treat it as if it's their baby, but there's a director, and it's almost like 14 people trying to decide how to raise a child, and you're going to have different opinions," Mallory said. "It's hard because this musical is so sensitive with its subject matter and also the fact that Jonathon Larson, the creator of 'RENT!,' died before it even opened, you feel like you need to honor it more for his name."

Brooks acknowledges these moments, saying that while he holds the "veto power" he view the show as a group effort.

"We kind of say, 'Does that work for you? How does that feel?' and we talk more about where that scene goes, and some things get reworked until we both come to an agreement and we feel that it really conveys the idea of what we're trying to get across," Brooks said.

He also remembers the first time the cast sang the show's signature song, "Seasons of Love," which he initiated as a way to highlight the cast's journey through the production.

"I call them the 'Aha!' moments when it seems like the first time that everyone's on the same page and something really clicks and you're seeing it come to life for the first time," Brooks said. "Those are kind of my favorite moments when I'm developing any kind of theatre... when I finally see that realism come through, and I know it's going to work."

Though a lot of promotion for the show has yet to surface, Brooks said that in a city with more than 30 theater companies and strong support for live theater, he is more than confident the show will be a success. Four shows are already almost sold out, with other shows at ticket sales of 80 percent.

"I just think the intimacy and the thrill of people doing something live... far exceeds anything a movie or something like that could bring," Brooks said. "I think that people are going to be very pleasantly surprised, because the talent is there and I think it's going to knock people off their socks."

Tickets for "RENT!" are \$20 and can be purchased online at snapproductions.com or by calling the Shelterbelt Theater box office at 341-2757.

UNO celebrates Native American Heritage Month

Andrea Barbe

ENTERTAINMENT EDITOR

November is Native American Heritage Month and UNO is celebrating with an assortment of activities on campus.

Events for the month began on Nov. 5 with a seminar titled "A Mind is a Terrible Thing to Rely On ... Sometimes!" that examined social and relational dynamics. The discussion was sponsored by the UNO Diversity and Equal Opportunity Office with support from the UNO Office of Diversity.

Native American Heritage Month stemmed from several early efforts to

gain recognition for American Indians, according to the U.S. Department of the Interior's Bureau of Indian Affairs. In 1915, the Congress of the American Indian Association held their annual meeting in Lawrence, Kan., to formally approve a day of observation for the Indian nation. The organization's president, Rev. Sherman Coolidge, a member of the Arapahoe tribe, proclaimed that Sept. 28, 1915 as American Indian Day. For years following, Coolidge issued a statement that the second Saturday of each May would be declared American Indian Day. This was the first formal appeal for recognition of Indians as citizens.

However, it wasn't until much later that the "First Americans" had a month dedicated to their culture and ancestry.

Native American Heritage Month was founded in 1990 by President George H. W. Bush. Similar declarations under different names have been issues every year since 1994.

UNO's Native American Heritage Month includes activities ranging from music, games, presentations and a film screening. All of these events are free and open to the public.

For more information, call 554-2711.

Elizabeth Brown was a guest speaker at last year's festivities. Brown told the story of how she left her abusive boyfriend after he put their newborn daughter in danger. She shared her experience with students in hope that others who find themselves in similar situations end their abusive relationships. Brown will also be holding a social dance and instructional workshop presentation on Nov. 19 for this year's Native American Heritage Month. (Andrea Barbe/The Gateway)

Nov. 18

What: Native American Cultural Fair with a Live Performance

Where: Milo Bail Student Center Nebraska Room/Aksarben Room

When: Noon to 1:30 p.m. **Free food will be provided.

Nov. 19

What: Social Dance and Instructional Workshop Presentation by Elizabeth Brown

Where: Milo Bail Student Center Plaza (Rain location; HPER)

When: Noon to 1 p.m.

Nov. 23

What: Screening of "Power Paths: An Exploration of Energy Through the Eyes of Native Americans" followed by a discussion with Georgiana George Lee, Assistant Director of Native American Public Telecommunications, Inc. at the University of Nebraska-Lincoln

Where: College of Public Affairs and Community Service Collaborating Commons

When: 7 p.m. to 9 p.m. **Free food will be provided.

Astounding 3-D graphics add fresh take to holiday standard



The Disney animated version of the Charles Dickens classic, 'A Christmas Carol,' features Jim Carrey as Ebenezer Scrooge and the three holiday ghosts. (Photo courtesy of Disney)

REVIEW BY ANDREA BARBE ENTERTAINMENT EDITOR

How can you possibly improve on a classic? Add comedic genius with breathtaking 3-D graphics; round out the cast with veteran actors and then you have this year's feel-good holiday hit perfect for the entire family.

By now, most of us know the storyline from "A Christmas Carol." The tale of Ebenezer Scrooge, an old, heartless businessman who fails to care about anything but himself and his money, played cleverly by Jim Carrey. On Christmas Eve, Scrooge is visited by the ghost of his late partner, Jacob Marley (Gary Oldman), and told he will be visited by three more spirits over the course of the night. Marley's ghost, bound in shackles and chains, forewarns Scrooge that he will face the same end if he keeps up his cold and stubborn ways.

The audience is brought into Scrooge's past to get a glimpse of why he is so bitter in his old age. And like any good, moralistic story, Scrooge sees the errors of his way and makes a complete life change by the

Director Robert Zemeckis really takes a page from Dickens' novel and captures it beautifully with his motion-picture animation. From Scrooge's cadaverous, hunched-over body and bony fingers, to each snowflake falling outside each 19th century house on to the cobblestone streets, the lifelike illustrations are truly

phenomenal.

While Carrey did a tremendous job as Scrooge, he also lent his voice to several other characters including two of the three spirits. In an interview with Chelsea Handler, he said he worked with a special vocal coach to make a seamless transition from one voice over to the next. It wasn't until halfway through this film that I noticed a hint of Carrey's mainstream voice, making it evident his hard work was worth the end result.

Along with Carrey, several other big name actors joined the cast. Oldman is the tongue for Bob Cratchit, Marley and Tiny Tim; Colin Firth voices Fred, Scrooge's nephew; and Bob Hoskins plays Mr. Fezziwig. Cary Elwes and Robin Wright Penn finish out the all-star cast with supporting roles.

While novel adaptations are not always accurate, but it's clear Zemeckis took time and effort in making sure this film is as precise as possible. It's truly a masterpiece for movie lovers of any age and should be added to the long list of holiday classics such as "How the Grinch Stole Christmas" and "It's a Wonderful

Just don't be a Scrooge. Loosen the purse strings and spend a few extra dollars on seeing this movie in 3-D. The intricate graphics alone are worth it.



Discovery Channel documentary shown

Andrea Barbe ENTERTAINMENT EDITOR

UNO will present a special screening of as "City on Fire," Extreme Horseman,

the Discovery Channel documentary, Hunt for The Lost Symbol," on Nov. 19 at the Arts and Sciences

The film explores Dan Brown's latest novel, "The Lost Symbol," and discusses how much is truth versus fiction.

John Blizek, documentary's supervising editor and director, will host a presentation prior to the film and speak about his role in the producing "The Hunt for The Lost Symbol," as well go over the process of creating a documentary.

Blizek will also answer questions from the UNO and the Journal of Religion and audience.

Blizek has also served as editor for various other movies and film projects such

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DAVINCI

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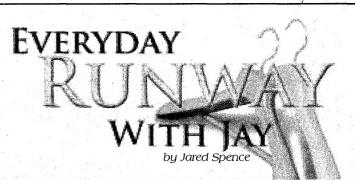
"Ancestor Eyes," "Murder.Com, "Planet Raptor," "Ice Spiders," "Long Lost Sons," "Silk Stalkings," "Invisible Man," "Pensacola: Wings of Gold," "Push,"
"Renegade," "First & Ten" and "The Investigators."

 \mathbf{T} \mathbf{h} presentation begins at 6:30 p.m. in the Arts and Sciences Hall, Room 306. Admission is free and open to the public.

The event is sponsored by Religious Studies at

Film.





"I love plaid, but how can I incorporate it into my wardrobe without looking like a lumberjack?" - C.H.

1 ow let's be honest - plaid does instantaneously drum up images of the Brawny paper towel man, and childhood holiday dresses. It is most likely not the vibe what you want to project with your clothes today, however.

On the flip side though, plaid has been on the trend radar for the past few years (as it was in the Marc by Marc Jacobs fall collection) and it's always a go-to for the winter season. There is just something about its cozy appeal that actually nudges you to look forward to crisp autumn days.

And while the print is great winter wear, you don't want to be left out in the cold looking outdated or gawdy.

Wearing plaid is all about coordination. The first rule of thumb is to avoid overkill. With plaid as the natural focal point of any ensemble, keeping the rest of your outfit simple and neutral will balance you

When you are wearing dominant pieces like a plaid top, pair it with plain or solid pieces to subdue the sometimes overwhelming effect. Try adding a black vest over a plaid button down with dark denim and a pair of boots for a casual look.

It's easy to spice up an oversized plaid

top or tunic by adding leggings or ankle boots. To give the outfit more polish and structure throw on a belt or a fitted blazer.

Another great option to give a taste of plaid is with outerwear. It is sure to help you rise above the sea of hoodies and puffer coats.

Kohl's, American Eagle, Urban Outfitters, and Forever 21 have plaid outerwear covered, including motorcycle jackets, pea coats and

Using the print in smaller doses is also a foolproof method to adopt plaid without the stigma. Something as simple as a scarf can add a punch of personality to a look.

I enjoy wearing my plaid scarf (a lucky find at the Gap) with a classic color combination of black and white or navy. A similar scarf could easily join a boyfriend blazer, polo, skinny jeans and riding boots for the perfect wellbred ensemble.

With the countless stylish options out there, it is hard to go wrong. And with the right piece, your wardrobe combination will leave you fetching in plaid.

Need fashion advice? Send your questions to jmspence@unomaha. edu or submit them on the Everyday Runway with Jay Facebook page.

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SPORTS

No. 5 Central Missouri tops Mavs in season finale

ZACH SEASTEDT SPORTS EDITOR

The Mavs may have saved their best performance for last, but it still was not enough to stop the freight train that is Central Missouri.

UNO's volleyball team took on fifth-ranked Central Missouri for their season finale Friday night at Sapp Fieldhouse. The Mavs played a great match overall but lost 3-2 to the Jennies.

"The entire match, I really felt as if our team performed at an extremely high level," head coach Rose Shires said. "I was very pleased with how they played."

The Jennies won the match with scores of 26-24, 25-22, 21-25, 12-25, 15-10.

The Mavs fall to 20-13 overall and 10-10 in the Mid-America Intercollegiate Athletics Association. Central Missouri improved to 32-4 overall and 18-2 in the MIAA. The Jennies clinched the MIAA conference title with the victory.

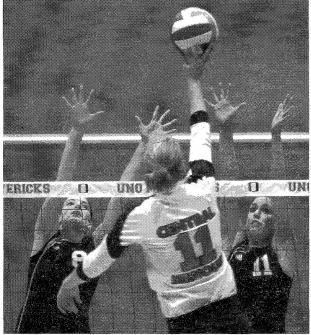
The game was the final home game for six Maverick seniors. Defensive specialist Amanda Iwansky, libero Kayla Jansen, setter Kayla Knobbe, middleblocker Ellen Thommes and hitters Sara Kampschnieder and Kelli Goeser played their final collegiate games at Sapp Fieldhouse.

"I was so proud of how [the seniors] played," Shires said. "This was the best overall team performance and I think the best senior performance we've had."

Thommes led the Mavs offensively with 20 kills and a .419 hitting percentage. Including Thommes, four Mavs had double-digit kills. Goeser had 16 kills while sophomore middleblockers Lizzy Mach and Brittany Hanssen each had 10.

The Mavs and the Jennies battled in a hard-fought first set. UNO fell behind 14-10 before fighting back to even the set at 18-18. Goeser scored a huge point late in the set to tie the match at 24-all, but two straight points by the Jennies gave the set to Central Missouri.

The second set looked like it was going to belong to the Mavericks. UNO went up 7-1



Central Missouri's Paula Harris looks to get the ball over the block of Ellen Thommes (left) and Kelli Goeser during Friday's game. (Jodi Penn/The Gateway)

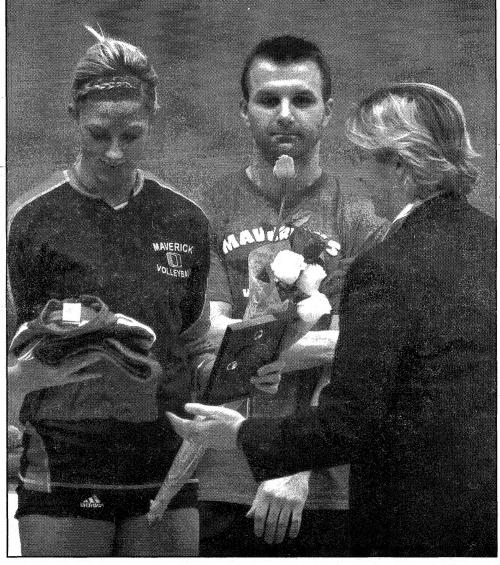
to start the set, but the Jennies worked their way back. Down 16-10, Central Missouri relied on precise hitting and mistakes by UNO to tie the set at 19. The Jennies scored six of the last nine points to win the set.

Already down two sets to none, the Mavericks needed new life out of the intermission. They found it in the third set when they defeated the Jennies 25-21. The Mavs had multiple leads throughout the set, but Central Missouri closed the gaps. UNO was finally able to close out the set when Central Missouri made an attack error.

The victory in the third set charged the Mavs and the capacity crowd at Sapp Fieldhouse. They came out on fire in the fourth set, jumping to an early 8-2 lead. The Jennies closed the gap to within 14-10, but that's as close as they would be for the set. The Mavs went on a seven-point run to go up 21-10 before closing out the set 25-12 in dominating fashion.

"As the match went on, I really felt our team did a good job of learning what the opponent was doing," Shires said. "It's one thing as a match starts to know on video and scouting what they're going to do, but to see it and to feel it during the match, I felt that the girls did a good job of learning the game as the match went on."

The final fifth set was a step back for UNO as the Jennies took control of the set four in the fourth. Thommes and Goeser



Head coach Rose Shires presents Kayla Knobbe with flowers and mementos during senior day festivities prior to Friday's game. (Jodi Penn/The Gateway)

from the outset. A 2-0 lead for UNO quickly evaporated into a 9-5 deficit. The Mavs were soon down 14-7 before an attack error by Goeser closed the match.

"I think the fifth set, Central Missouri played smarter than us," Shires said. "They hit shots versus just attacking the ball. I think that's something we need to learn from. I thought the effort tonight was amazing."

Sophomore libero Angie Reicks set a school record with 46 digs. The previous high was 39, set by Kevin Campbell in 1994. Four other Mavs reached double figures in digs while UNO had 113 as a team.

The Mavs had a great game defensively at the net. The team finished with 11 team blocks, including three in the third set and four in the fourth. Thompses and Gosser

each had six blocks while Mach contributed four, including two solo stops.

"Defensively, they were relentless," Shires said. "It took us through set one and set two to really figure out how to set up our blocks and our pacing. We did a much better job with the pace of our press and our blocks."

The Mavs will now turn their attention to the NCAA Division II tournament. UNO needed West Texas A&M to win the Lone Star Conference championship on Saturday in order to make the tournament. West Texas A&M defeated Abilene Christian 3-1 to secure a berth for the Mavericks. NCAA playoff berths have not yet been announced. The South Central Regional takes place from Nov. 19-21.

Mavericks dominate Lakers 4-0 Friday, fall 3-1 on Saturday

Josh Tapio Contributor

The UNO hockey team was in action this weekend at the Qwest Center when it took on Lake Superior State on



UNO's Ryan Kretzer watches as the puck slides by Lake Superior goaltender Brian Mahoney-Wilson during Friday's game. Kretzer assisted on Rich Purslow's goal in the second period as the Mavs won 4-0. (MICHELLE BISHOP/THE GATEWAY)

Friday and Saturday night. The Mavs won 4-0 on Friday, but lost on Saturday 3-1.

UNO's record is now 5-2-3 overall and 2-2-2-1 in the Central Collegiate Hockey Association. Lake Superior State leaves Omaha with a 5-6-1 overall record and a 2-5-1-0 mark in the CCHA.

The Mavericks played arguably their most complete game of the season on Friday.

Freshman forward Brandon Richardson put the Mavs up first, scoring his first goal as a Maverick thanks to an assist from freshman forward Brent Gwidt.

Junior forward Rich Purslow continued the scoring trend, tallying back-to-back goals to extend the Mavs' lead to 3-0. Purslow's first goal came on a power play with an assist from Richardson. Purslow's second goal came when sophomore forward Ryan Kretzer found him wide open next to the net.

Junior forward Joey Martin finished off the scoring midway through the third period, banging home a rebound shot by freshman forward Terry Broadhurst.

Senior goalie Jeremie Dupont earned his first shutout of the year, stopping all 22 of the Lakers' shots.

Unfortunately, the Mavs failed to pick up where they left off when they played the Lakers again Saturday night, Lake Superior scored two goals and jumped out to

Friday and Saturday night. The Mays won 4-0 on Friday, a 2-0 lead before many fans had even found their seats.

Lake Superior's Rick Schofield scored only 59 seconds into the game to put the Lakers up 1-0. Will Acton scored the second goal for the Lakers with only 4:48 elapsed from the first period.

The Lakers received a five-minute power play midway through the second period after a game ejection was assessed to sophomore forward Alex Hudson for checking from behind. Shortly after the power play advantage, the Lakers capitalized on an odd-man rush to increase their lead to 3-0.

Broadhurst saved the Mavs from being shut out when he snapped a hard wrist shot past Laker goalie Brian Mahoney-Wilson at 2:13 into the third period. Despite a frantic comeback effort that saw UNO outshoot the Lakers 18-7 in the final period, the Mavs eventually came up short.

UNO travels to Marquette, Mich., this weekend to face Northern Michigan University on Friday and Saturday night. Both games are scheduled to start at 6:35. The Mavs will return home the following week to take on Western Michigan in a two-game series at the Qwest Center.

Mavs cruise late in season-opening win against Doane

ZACH SEASTEDT SPORTS EDITOR

The first game of the season isn't always the most efficient.

The Mavs had a slow first half before coming alive in the second half to come away with a 96-67 victory against Doane in their season-opening game Sunday morning. The game began at 12:01 a.m., the first day that NCAA rules allow competition to begin.

The Mavs shot 40 percent in the first half, making 14-of-35 shots from the field and 2-of-10 from the 3-point line. They weren't the only team to have trouble shooting as Doane only made 38 percent of their shots in the first half, including 1-of-11 from beyond the 3-point line. The Mavs led the Tigers 36-34 at halftime.

The second half was much more efficient for the Mavs. UNO shot 62 percent in the final 20 minutes, including 4-of-8 from 3-point range. The Mavs held the Tigers to 42 percent shooting in the second

Junior guard Jeff Martin led five Mavs with double figures. He scored 18 points and made 6-of-11 shots, including 5-of-9 from the 3-point line.

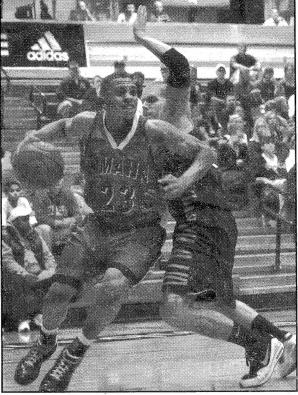
Junior guard Torrian Harris and junior forward Eugene Bain each scored 12 points in their first games with the Mavs. Bain also had 11 rebounds for a doubledouble. Senior forward Dion Curry had

10 points on a 5-of-5 shooting night while also contributing three blocks. Senior guard Andrew Bridger scored 11 points and registered 11 assists for a double-double.

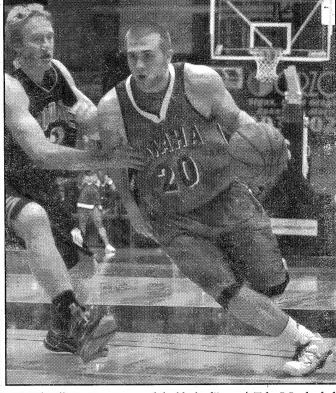
The first half was a backand-forth battle between teams looking to shake off the earlyseason rust. The Tigers jumped to a 6-0 lead early, but two shots by Bain and a jumper by Harris evened the score. UNO gained their largest lead of the first half on a jumper by

Bridger to go up 33-27 with 2:42 remaining in the first half. Doane evened the game at 33-33 with Trent Schlautman's 3-pointer with 47 seconds remaining in the half.

The Mavs jumped out to a quick 15-point lead in the second half, making nine of their first 10 shots in the half. The Mays increased their lead to 20 toward the



during Sunday morning's game. (Jodi Penn/The Gateway)



UNO's Tyler Bullock drives past Doane's Brett McFarland 24 UNO's Jeff Martin gets around the block of Doane's Tyler Weatherholt during Sunday morning's game. (JODI PENN/THE GATEWAY)

middle of the half, going up 63-43 with 12:09 to play in the game on a jumper by

UNO opened things up in the final five minutes of the game. A dunk by Harris with 1:44 in the game made the score 94-61. The 33-point lead was the largest of the night for

The Mavs held Doane to 33 secondhalf points while exploding for 60 of their own. UNO held a 54-34 point advantage in the paint and a 51-34 advantage in

Action resumes on Wednesday when the Mavs travel to Kansas City, Mo., to take on Rockhurst at 7 p.m.

Mavs' season ends in 1-0 loss at NCAA Tournament

ZACH SEASTEDT

The 2009 season has come to a premature end for the UNO women's soccer team.

The Mavs fell in the first round of the NCAA South Central regional to Mid-America Intercollegiate Athletics Association rival Truman State 1-0 Friday afternoon at West Texas A&M.

"Truman's a good team," head coach Don Klosterman said. "When you have two teams play each other three times, the third time it's a toss up. The first half was that way, back and forth. They came out stronger in the second half."

The loss ends what was a promising season for the Mays, finishing with a 13-6-2 overall record and a 12-2-2 conference mark. Truman improves to 15-3-3 overall and plays No. 1 seed and host school West Texas A&M Sunday at lp.m.

UNO's offense struggled throughout the entire game. The Mavs finished with a season-low two shots in the game, both coming in the second half. Truman held a 6-2 shot advantage for the game.

"[Truman is] a good defending team," Klosterman said. "Stats don't always show what happens in a game. I think we had our chances an opportunities, but again, Truman is a good defensive team. They make things tough on you, get a lot of people behind the ball."

The only goal of the match came in the opening seconds of the 68th minute. Truman's Kristin Haluszczak sent in a corner kick to the middle of the box, where Riley Mahn headed the ball into the back of the net for the goal. The goal was Mahn's sixth of the year.

"We left that girl unmarked and she finished it," Klosterman said.

dominated Mays in corner kicks, holding a 8-1 advantage. The Bulldogs had three in the first half and five in the second. The Mavs' only attempt came in the second half.

"They had some pretty good pressure in the second half and created those problems for us," Klosterman said.

Senior forward Jessica Powers and sophomore forward Jerica Kuncl each had one shot attempt for the Mays. Neither

SALDER AND RECEIVED A STATE OF THE SALES

attempt was on goal.

Junior goalkeeper Lauren Fox started in net for UNO and played the entire duration. She made two saves in the game while allowing the lone goal. Fox finished the season with a 11-3-2 record. Truman's Jayne Grisham notched her 10th shutout of

UNO falls to 16-7-3 all-time in NCAA postseason play. The Mavs are now 1-2 in regional first-round games, and 4-1 against Truman in the postseason.

The loss ends the collegiate careers of four Maverick seniors. Midfielder Lindsey Nealon, defender Megan Jensen, goalkeeper

Elizabeth Odorisio and Powers all played in their last games. Nealon and Jensen will be missed on the defensive end while Powers finished second on the team in points, goals and assists.

"With Powers, we expected her to score Truman and get assists, but more than anything for Jess it was about hustling and making plays happen," Klosterman said. "It's going to be a loss. She's a valuable person and added so much to our team and especially up front, because she's so tough physically and mentally."

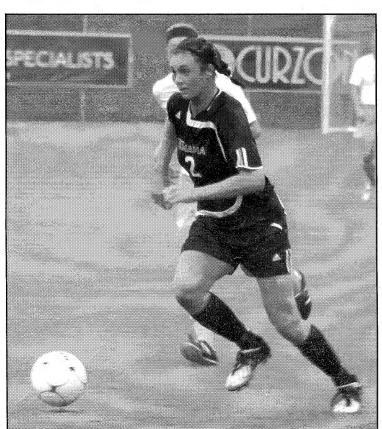
> Despite the losses, the Mays return plenty of firepower for the 2010 season. UNO returns two of its top three leaders in points, goals, assists and shots. Redshirt freshman Nicole Baier, who leads the team in all four categories, will be looked at to lead the offense with Kuncl.

> > "It was kind of

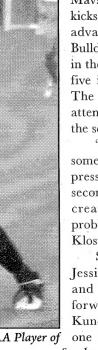
a breaking out year for both of those guys," Klosterman said. "You will see a difference next year in both of them with the experience and knowing what to

With the season over, the Mavs will be looking for some time away from the pitch. The Mavs will begin preparations for the 2010 season in January with individual training until the spring arrives.

"They'll get some time off, we're not going to bother them," Klosterman said. "They have final exams, we want to leave them alone. If they want to go work out with the strength coach, they can do that."



Redshirt freshman forward Nicole Baier was named the MIAA Player of the Year. (Jodi Penn/The Gateway)





OPINION

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ANNOUNCEMENTS

Thank you St. Jude for many special favors. KT

How I ended up graduating with three majors, two minors

If choosing a major is the first real hurdle of languages. college, I've been failing for almost six years now.

I usually just laugh when someone asks me what my major is: "Computer science, mathematics and philosophy, with minors in mass communication and physics." Sometimes, I will only name one or two of the majors so I can dodge the dumbfounded expressions and the logical follow-up question: "Why?"

Let me try to explain. Growing up, I was homeschooled through the fifth grade. My interests were, as they are now, quite diverse. I remember being fascinated history (particularly ancient history and World War II), paleontology and even economics, among other subjects.

By the time I completed high school, I thought I knew where my academic future lay: quantum computation, the intersection of subatomic physics with theoretical computer science.

Quantum computers seek to make calculations in literally no time by exploiting the underlying structure of the universe to send particles back and forth through time. If this could be achieved, it would make many previously intractable problems solvable and, practically speaking, would allow the decryption of almost every traditionally encrypted message.

The potential quantum computers could have to modern science drew my fascination, so I decided to apply to programs in computer science and physics. I was admitted to three universities: UNO, UNL and the University of California, Berkeley – one of the world's foremost research universities for physics. Initially, the decision where to go was a no-brainer.

Let's put it this way: Berkeley has parking stalls across campus labeled, "Reserved for NL." The "NL" stands for Nobel laureate. (By the way, the Nobel laureate annual parking permits are free - compared to \$355 per semester for UC student parking.)

So, briefly, I had my academic future figured out. Then I received word from the Peter Kiewit Institute at UNO offering me the prestigious Walter Scott Jr. Scholarship – free tuition, room and board for four years in exchange for studying computers science, management information systems or engineering.

When I realized UC Berkeley would cost something like \$100,000 for an out-of-state student, my plans immediately changed. UNO would be my home after high school and I would be studying computer science.

I was still interested in quantum computation, though, so I decided to take some physics classes while doing my general education and introductory programming courses. Two C's later, I was glad I wasn't majoring in one of the most difficult physics departments in the world. Nevertheless, I decided to finish out a minor in physics because science held a soft spot in my heart.

While coming to realize the hard sciences weren't for me, I discovered the joys of theoretical mathematics. Yeah, I'm serious: Math can be rewarding and fun when you have spent hours puzzling over a theorem only to finally see the light and understand how to write a proof, or when you complete pages of manual calculations, only to find an elegant, simple solution to a complex problem.

I decided I might as well pick up a second major in mathematics, taking a few theoretical mathematics courses along with my computer science program. For a while, my academic career was figured out again, as I explored different areas of mathematics and learned more than I wanted to know about the C/C++ programming

Finally, I realized I didn't enjoy the different areas of mathematics as much as I enjoyed manipulating the underlying symbolic logic. Something about the simplicity of the handful of logical rules forming the basis of so much of our knowledge struck me as appealing, similar to how the potential revolutionary impact of quantum

computing initially drew me to the Durham Science Center.

As simple as it seems on first blush, though, logic is arguably one of the most interdisciplinary areas in academics - with its two primary homes being in mathematics and philosophy. Accordingly, I decided I should check out a course in logic from the Department of Philosophy and enrolled in symbolic logic.

Pretty soon, I found myself hooked again. The general approach taken in philosophy, the Socratic method, struck me as common sense: ask questions.

Philosophy questions the most fundamental features of our world: How do we obtain knowledge? Are theoretical entities like electrons real? What is justice?

By attempting to answer all of these questions, only one requirement holds constant: the rules of inference, which can be expressed by formal and informal logic, must be respected. Reasonable argumentation is the key tool of the philosopher.

While the humanities seduced my academic career, asking questions was also the central component of my extracurricular involvement with The Gateway.

I first picked up my reporter's notebook and pen in my second semester at UNO, after looking for a way to become more engaged on campus and finding political activism with the College Democrats dissatisfying. By the time I started taking philosophy classes, I was in charge of the paper's news section.

In a lot of ways, journalism and philosophy fit together and, as I grew as a reporter, I grew as a philosopher, and vice versa. Epistemology, for example, is the philosophical discipline addressing questions of how we come to know things - an everyday problem for journalists debating whether they need another source or another document before they feel comfortable asserting a claim as objective fact. Ethical dilemmas are also regular in reporting, and all the normative theories in the world won't necessarily help dissect a complex decision on whether to run a sensitive story. Experience is the most reliable guide in that situation.

Unsurprisingly, I decided to keep taking both philosophy and journalism classes, finding them increasingly more enjoyable than my tedious, albeit still interesting, computer science and mathematics classes. Philosophy became my third major, while I picked up mass communication as a minor.

So here I am now, finishing up my undergraduate career of six years with three majors and two minors. If everything works out, I will walk away from UNO on May 7, 2010, with three bachelor's degrees, since I will meet the requirements to get each of my majors as a separate degree.

Where I will go from there – graduate school, a career in journalism or somewhere else – remains up in the air.

Whatever I do, though, I will have overcome the biggest hurdle of college - choosing a major - by simply collecting majors as I go. Just as I am glad I didn't decide to simply follow my initial interest in physics, I'm glad I used my time at UNO to explore different fields.

After all, where else but college will an interest in such a variety of subjects not only be possible but also be approved of, if not encouraged?



Scott Stewart